



Islam and Muslims

- Islam is the religion practised by **Muslim** people.
- Muslim people live all over the world.
- Islam is one of the most practised religions in the world.

Fundamental Beliefs

- Islam is a **monotheistic** religion. This means Muslims believe there is only one *God* (Allah). This is in contrast to religions with many gods (such as Hinduism).
- Muslims believe in the oneness (**tawhid**) of Allah (*God*). This is in contrast to the Christian belief of *God* as a trinity (father, son and Holy spirit).
- Muslims believe that **Allah** created the world and that he created human beings to help maintain harmony in the natural world.
- Muslim beliefs focus on **the Five Pillars of Islam**.
- Muslim people demonstrate their faith by following these five pillars throughout their lives.



Worship

- Muslim people worship in a Mosque (Masjid), which translates as 'a place of prostration'
- The mosque is very important in the lives of Muslims and in the wider community.

Key Vocabulary

Allah	God. Muslims have 99 names for God.
Hajj	Pilgrimage to Makkah (Mecca)
ibadah	worship or service to God.
prophet	a person who is believed to be chosen by God to say the things that God wants to tell people.
Qur'an	The holy book of Islam. The words of God which provide guidance for human beings.
Monotheistic	religions believe that there is only one God.
Mosque (Masjid)	A 'place of prostration' where Muslim people go to worship.
Muhammad	The final prophet who receives guidance from God for himself and others.
Muslim	A person who follows the religion of Islam.
Salat	Prayer five times a day (2 nd Pillar)
Sawm	Fasting during the month of Ramadan (Pillar 4)
Shahadah	The Muslim statement of faith / belief "There is no God but God, and Muhammad is his prophet." (1 st pillar)
Tawhid	the fundamental belief that God is one and that there is only one God.
Zakat / Zakah	Giving 2.5% of the annual disposable income to charity each year. (3rd pillar)

