



# RE Knowledge Organiser: Buddhism - Years 1/2

## Beliefs, teaching and sources:

**Reincarnation** – the belief that people are reborn as animals, humans and even gods.

**Samsara** –the cycle of life.

Some beliefs are similar to those of Christians.

**Sangha** – Buddhist leaders are members of the Sangha. Monks and nuns act as teachers of the religion.

## Practices and ways of life:

Buddhists follow the Noble Eightfold Path to lead their lives better.

## Identity, diversity and belonging

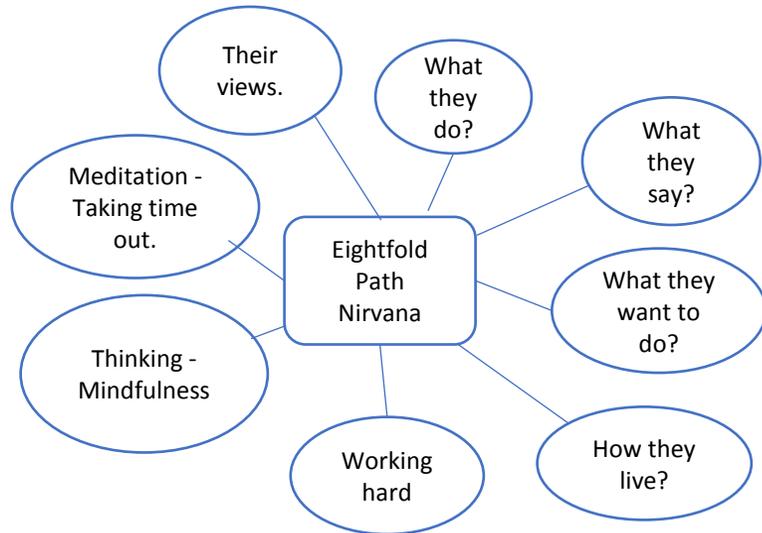


*The Golden Buddha shrine at a Temple in Bangkok, Thailand.*

**Individuals and community** following the basic values of Buddhism.

**Religious identity**  
Attending ceremonies at a temple

**Faith and the Family** are very important in Buddhism. Everyone should be treated as a member of your family.



*Mandala*

## Meaning, purpose and truth Buddha's Four Noble Truths

1. Dukkha	People feel unhappy.
2. Samudaya	Why are people unhappy? They can't get what they want.
3. Nirodha	The way to stop being unhappy is to give up wanting the wrong things.
4. Magga	Follow Buddha's teaching to become more peaceful and to be kind and helpful to others

## Values and commitment – understanding how values come from belief and experience.

<b>Caring</b>	To treat others as you would wish to be treated.
<b>Following rules</b>	A set of guidelines for a better life.
<b>Role Models</b>	Setting a good example for others
<b>The environment</b>	Living in harmony with nature.

## Vocabulary

<b>Buddha</b>	A title given to the founder of Buddhism, Siddhartha Gautama (c.563–c.483 bc)
<b>Mandala</b>	A circular figure representing the universe in Buddhism.
<b>Dharma wheel</b>	One of the oldest symbols of Buddhism similar to how Christians use the cross to represent their religion.
<b>Shrine</b>	A place where people go to worship because of its connection to a holy person or event.
<b>Thangka</b>	A Buddhist picture or painting on fabric.
<b>Monk</b>	A Buddhist man who lives in a monastery and devotes his life to the religion.
<b>Gong</b>	A metal disc which gives loud sound when hit with a padded stick.
<b>Alms Bowl</b>	Used by Buddhist monks to collect food.
<b>Butter Lamp</b>	Found in Buddhist temples. They burn vegetable oil.